

TIMOTHY J. SULLIVAN, M.A.

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EDUCATION

- Ph.D., Clinical Psychology** 2018 – 2024 (anticipated)
Stony Brook University, Stony Brook, NY
- Advanced Certificate in Quantitative Methods
 - Mentors: K. Daniel O’Leary, Ph.D. and Joanne Davila, Ph.D.
- M.A., Psychology** 2018 – 2020
Stony Brook University, Stony Brook, NY
- B.A., Psychology; French and Francophone Studies** 2012 – 2015
The Pennsylvania State University, University Park, PA
- Minor in Dance
 - Honors in Psychology; Mentor: Amy D. Marshall, Ph.D.
- Semester Study Abroad Program** Spring 2014
Université Paul Valéry, Montpellier III, Montpellier, France

RESEARCH FUNDING

- National Science Foundation Graduate Research Fellowship** 2019 – 2022
Title: Reactions to Stigma and Relationship Trajectories Among Sexual Minority Couples
Role: Principal Investigator
Amount: \$102,000 plus 3 years of full tuition support
- Stony Brook University Turner Fellowship Summer Research Grant** 2019
Title: Stress and Support Among Sexual Minority Couples
Role: Principal Investigator
Amount: \$5,000
- Penn State Erickson Summer Discovery Grant** 2015
Title: The Influence of Emotion Inexpression and PTSD on Intimate Partner Violence Perpetration
Role: Principal Investigator
Amount: \$3,500
- Penn State Rock Ethics Institute Honors Thesis Fellow Award** 2015
Title: The Influence of Emotion Inexpression and PTSD on Intimate Partner Violence Perpetration
Role: Principal Investigator
Amount: \$1,875

PEER-REVIEWED PUBLICATIONS

* Equal contribution.

1. Vilkin, E.*, **Sullivan, T. J.***, & Goldfried, M. R. (2022). Conceptualizing the therapeutic relationship: Mediator or moderator of change? *Journal of Psychotherapy Integration*, 32(3), 276-290. <https://doi.org/10.1037/int0000278>
2. **Sullivan, T. J.** & Davila, J. (2022). Inventory of Dating Stress: Initial psychometric evaluation and construct validity. *Journal of Social and Personal Relationships*, 39(8), 2366-2387. <https://doi.org/10.1177/02654075221078295>
3. Perry, N. S., **Sullivan, T. J.**, Leo, K., Huebner, D. M., O'Leary, K. D., & Baucom, B. R. W. (2021). Using web-based technologies to increase reach, inclusion, and generalizability in behavioral observation research. *Journal of Family Psychology*, 35(7), 983-993. <https://doi.org/10.1037/fam0000856>
4. Pachankis, J. E., McConocha, E. M., Reynolds, J., Winston, R., Adeyinka, O., Harkness, A., Burton, C. L., Behari, K., **Sullivan, T. J.**, Eldahan, A. I., Esserman, D. A., Hatzenbuehler, M. L., & Safren, S. A. (2019). Project ESTEEM protocol: A randomized controlled trial of an LGBTQ-affirmative treatment for young adult sexual minority men's mental and sexual health. *BMC Public Health*, 19, 1086-1098. <https://doi.org/10.1186/s12889-019-7346-4>
5. Pachankis, J. E., **Sullivan, T. J.**, & Moore, N. F. (2018). A 7-year longitudinal study of sexual minority young men's parental relationships and mental health. *Journal of Family Psychology*, 32, 1068-1077. <http://dx.doi.org/10.1037/fam0000427>
6. **Sullivan, T. J.**, Leifker, F. R., & Marshall, A. D. (2018). Observed emotional expressivity, posttraumatic stress disorder symptoms, and intimate partner violence perpetration among community couples. *Journal of Traumatic Stress*, 3, 352-361. <https://doi.org/10.1002/jts.22296>
7. Pachankis, J. E., **Sullivan, T. J.**, Feinstein, B. A., & Newcomb, M. E. (2018). Young gay and bisexual men's stigma experiences and mental health: An 8-year longitudinal study. *Developmental Psychology*, 54, 1381-1393. <http://dx.doi.org/10.1037/dev0000518>
8. **Sullivan, T. J.**, Feinstein, B. A., Marshall, A. D., & Mustanski, B. (2017). Trauma, discrimination, and romantic relationship functioning: A longitudinal investigation among LGB young adults. *Psychology of Sexual Orientation and Gender Diversity*, 4, 481-490. <http://dx.doi.org/10.1037/sgd0000249>

MANUSCRIPTS UNDER REVIEW

1. **Sullivan, T. J.**, O'Leary, K. D., & Davila, J. (invited resubmission). A multimethod examination of stress and support among sexual minority couples.
2. **Sullivan, T. J.**, Huang, H., Vilkin, E., Brandt, S., & Davila, J. (under review). A measurement invariance/equivalence study of sexual minority stress measures across sexual orientation, gender identity, and race/ethnicity.
3. Brandt, S., **Sullivan, T. J.**, Luginbuehl, T., O'Leary, K. D. & Davila, J. (under review). Associations between internalized heterosexism, verbal intimacy, and affectionate touch

provision among sexual minority couples.

MANUSCRIPTS IN PREPARATION

‡ Student mentee.

1. **Sullivan, T. J.**, & O’Leary, K. D. (in preparation). Toward reducing heteronormativity in prominent theories of intimate partner violence etiology.
2. **Sullivan, T. J.**, Kitagawa, Y. ‡, Shen, J., & Davila, J. (in preparation). Characteristics of dating stress and behavior at the intersection of marginalized identities.
3. Katz, M., **Sullivan, T. J.**, McMillen, K., Behari, K., Cersosimo, B., Hatzenbuehler, M. L., Esserman, D., Soulliard, Z., & Pachankis, J. E. (in preparation). Development of the LGBTQ-Affirmative Psychotherapy Process Scale (LGBTQ-APPS).

SYMPOSIA AND INVITED TALKS

1. Pachankis, J. E., Harkness, A., McConocha, E. M., Winston, R., Adeyinka, O., Behari, K., **Sullivan, T. J.**, Esserman, D. A., Clark, K. A., Bränström, R., Hatzenbuehler, M. L., & Safren, S. A. (2022, November 17-20). *LGBTQ-affirmative CBT: A 3-arm randomized controlled trial of a transdiagnostic minority stress approach with sexual minority young men*. [Paper presentation]. ABCT 56th Annual Convention, New York, NY, United States.
2. Vilkin, E., **Sullivan, T. J.**, Huang, H., & Davila, J. (2022, November 17-20). *Teaching romantic competence skills to emerging adults: A modular approach for LGBTQ+ college students*. [Paper presentation]. ABCT 56th Annual Convention, New York, NY, United States.
3. Brandt, S., **Sullivan, T. J.**, Luginbuehl, T., & Davila, J. (2022, July 28-August 1). *Associations between internalized heterosexism and observed affectionate touch among sexual minority couples*. [Paper presentation]. International Association for Relationship Research Conference 2022, Virtual Meeting.
4. **Sullivan, T. J.** (2022, February 2). *A multimethod examination of stress and support among sexual minority couples*. [Invited talk]. Clinical Science Colloquium Series, Stony Brook University, Stony Brook, NY. United States.
5. **Sullivan, T. J.**, Huang, H., Vilkin, E., Brandt, S., & Davila, J. (2021, November 16-21). *Do common measures of minority stress cover all who fall under the LGBTQ+ umbrella? A measurement invariance study*. [Paper presentation]. ABCT 55th Annual Convention, Virtual Meeting.
6. **Sullivan, T. J.**, O’Leary, K. D., & Davila, J. (2021, November 16-21). *A multimethod examination of stress and support among sexual minority couples*. [Paper presentation]. ABCT 55th Annual Convention, Virtual Meeting.
7. **Sullivan, T. J.**, & Pachankis, J. E. (2018, November 15-18). *A 7-year longitudinal study of sexual minority young men’s parental relationships and mental health*. [Paper presentation]. ABCT 52nd Annual Convention, Washington, D.C., United States.
8. Hatzenbuehler, M. L., **Sullivan, T. J.**, Wang, K., Janis, R. A., & Pachankis, J. E. (2018, June 27-30). *The contextual role of structural stigma on psychotherapy treatment efficacy among sexual minority college students*. [Paper presentation]. Society for Psychotherapy

- Research 49th International Meeting, Amsterdam, Netherlands.
9. **Sullivan, T. J.**, & Pachankis, J. E. (2018, June 27-30). *Therapeutic alliance and the efficacy of LGBTQ-affirmative cognitive-behavioral therapy: The role of client minority stress*. [Paper presentation]. Society for Psychotherapy Research 49th International Meeting, Amsterdam, Netherlands.
 10. Pachankis, J. E., **Sullivan, T. J.**, Wang, K., Janis, R. A., & Hatzenbuehler, M. L. (2018, April 11-14). *The influence of structural stigma on psychotherapy outcomes among sexual minority college students*. [Paper presentation]. Society for Behavioral Medicine 39th Annual Convention, New Orleans, LA, United States.
 11. **Sullivan, T. J.**, Feinstein, B. A., Marshall, A. D., & Mustanski, B. (2017, November 16-19). *The influence of trauma exposure on the associations between discrimination and romantic relationship functioning among LGB youth*. [Paper presentation]. ABCT 51st Annual Convention, San Diego, CA, United States.
 12. **Sullivan, T. J.**, Leifker, F. R., & Marshall, A. D. (2017, April 6-9). *A couples-based examination of emotional inexpressivity, posttraumatic stress disorder symptoms, and intimate partner violence perpetration*. [Paper presentation]. ADAA 36th Annual Convention, San Francisco, CA, United States.
 13. **Sullivan, T. J.** (2016, May 5). *PTSD, gender, and IPV perpetration: Embarking on the research process of how (not) expressing emotions matters*. [Invited talk]. The Pennsylvania State University Libraries, University Park, PA, United States.

POSTER PRESENTATIONS

‡ Student mentee.

1. **Sullivan, T. J.**, & Davila, J. (2020, November 19-22). *Inventory of Dating Stress: Preliminary factor structure and initial construct validity*. [Poster presentation]. ABCT 54th Annual Convention, Philadelphia, PA, United States.
2. Hernandez, J.‡, & **Sullivan, T. J.** (2020, April 4). *Minority stress and relationship perceptions among sexual minority couples*. [Poster presentation]. Collegiate Science and Technology Entry Program Conference, Lake George, NY, United States. (Conference cancelled)
3. **Sullivan, T. J.**, Leifker, F. R., Wong, J. D., & Marshall, A. D. (2015, November 12-15). *Does emotional inexpressivity influence the relationship between PTSD and intimate partner violence?* [Poster presentation]. ABCT 49th Annual Convention, Chicago, IL, United States.
4. **Sullivan, T. J.**, Janis, R. A., Youn, S. J., & Xiao, H. (2015, April 13). *Do sexual assault survivors differ in treatment outcomes among college students?* [Poster presentation]. Psi Chi Undergraduate Research Conference, University Park, PA, United States.

INVITED AND GUEST LECTURES

* Equal contribution.

1. **Sullivan, T. J.***, & Thorpe, D.* (2020, April 20). *Reframing risk factors related to minority status: Implications for research, theory, and practice*. [Guest lecture]. Clinical

- Area Diversity Seminar, Stony Brook University, Stony Brook, NY, United States.
2. **Sullivan, T. J.***, & Thorpe, D.* (2020, March 2). *Racism in psychology: Confronting our racist history and changing our future*. [Guest lecture]. Clinical Area Diversity Seminar, Stony Brook University, Stony Brook, NY, United States.
 3. **Sullivan, T. J.***, & Huang, H.* (2020, February 17). *Class in academia: Structure and oppression in educational systems*. [Guest lecture]. Clinical Area Diversity Seminar, Stony Brook University, Stony Brook, NY, United States.
 4. **Sullivan, T. J.** (2019, April 28). *Considering issues of financial strain, socioeconomic disadvantage, & classism*. [Guest lecture]. Clinical Area Diversity Seminar, Stony Brook University, Stony Brook, NY, United States.
 5. **Sullivan, T. J.** (2016, April 4). *Communication patterns and intimate partner violence perpetration*. [Guest lecture]. PSYCH 490 Senior Seminar, The Pennsylvania State University, University Park, PA, United States.

FELLOWSHIPS, GRANTS, AND SCHOLARSHIPS

Dr. W. Burghardt Turner Graduate Fellowship, \$100,000	2018 – 2024
Penn State Undergraduate Research Travel Award, \$990	2015
Melvin and Mary Bradley Honors Scholarship, \$4,000	2015 – 2016
Pennsylvania Ready-to-Succeed Scholarship, \$2,000	2015 – 2016
Costello Family Scholarship in Psychology, \$698	2015
Petracca French Travel Grant, \$445	2014
Liberal Arts Enrichment Funding, \$1,500	2014
Pennsylvania Ready-to-Succeed Scholarship, \$2,000	2014 – 2015
Tracy Winfree McCourtney Scholarship, \$4,000	2014 – 2015
Education Abroad Grant-in-Aid, \$2,000	2013
Tracy Winfree McCourtney Scholarship, \$4,000	2013 – 2014
Catherine Schultz Rein Scholarship, \$4,000	2012 – 2013

HONORS AND AWARDS

Award for Contributions to Diversity, Equity, & Inclusion, SBU Psychology Dept.	2022
Excellence in Advanced Research Award, SBU Psychology Dept.	2022
Therapist Throwdown Honorable Mention, Deliberate Practice Institute	2021
Penn State Libraries Outstanding Thesis Award	2016
College of the Liberal Arts Student Marshal	2015
Paterno Fellow	2012 – 2015
Schreyer Honors College	2013 – 2015
Psi Chi Psychology Honors Society	2014 – 2015
• Psi Chi Distinguished Member Award	2015
President Sparks Award	2014
President's Freshman Award	2013
Dean's List	2012 – 2015

EDITORIAL SERVICE

Journal of Abnormal Psychology, Archives of Sexual Behavior, Journal of Social and Personal Relationships, Sexuality Research and Social Policy, Psychology and Sexuality, Journal of Homosexuality, Journal of Behavioral Medicine, Journal of Gay and Lesbian Mental Health, Collabra: Psychology, The American Journal of Psychotherapy. Mentored co-reviews: Journal of Consulting and Clinical Psychology, Behavior Therapy, Family Relations

CLINICAL INTERVENTION EXPERIENCE

OEF/OIF/OND Veteran Readjustment Program, Extern 2022 – present
Northport VA Medical Center, Northport, NY
Supervisors: Melody Millando-Wirtenson, Ph.D., Stephen Long, Ph.D.

- Responsibilities: Maintain weekly caseload of 8 adult outpatient psychotherapy clients; apply evidence-based transdiagnostic treatment approaches; complete intake and case formulation reports; conduct outreach calls to veterans and connect them with services; attend weekly individual supervision; attend and present cases in group supervision with externs, interns, and post-doctoral fellows; attend didactic seminars.

Written Exposure Therapy Evaluation Project, Therapist 2022 – present
Relationship and Forensic Assessment Clinic, Stony Brook, NY
Supervisors: K. Daniel O’Leary, Ph.D., Nicole Barlé, M.A.

- Responsibilities: Conduct written exposure therapy with college students who have clinically-elevated PTSD symptoms and significant trauma exposure as part of a clinical research study; administer battery of self-report questionnaires for treatment evaluation; provide feedback to clients after study completion.

Peer Supervision Program, Peer Supervisor 2021 – present
Krasner Psychological Center, Stony Brook, NY
Supervisors: Joanne Davila, Ph.D., Dina Vivian, Ph.D.

- Responsibilities: Supervise second- and third-year graduate student trainees in 1-2 adult outpatient psychotherapy cases; watch and provide feedback on session tapes; hold weekly supervision meetings with peer trainee; provide instruction on therapy techniques, as relevant; attend weekly super-supervision to discuss cases.

Couple Therapy Clinic, Therapist 2021 – 2022
Krasner Psychological Center, Stony Brook, NY
Supervisor: Dina Vivian, Ph.D.

- Responsibilities: Maintained caseload of 3 couple outpatient psychotherapy cases; administered evidence-based couple treatments, including communication skills training and integrative behavioral couple therapy; attended weekly individual supervision.

Advanced Psychotherapy Practicum Program, Therapist 2021 – 2022
Krasner Psychological Center, Stony Brook, NY
Supervisors: Dina Vivian, Ph.D., Joanne Davila, Ph.D.

- Responsibilities: Maintained caseload of 3 adult outpatient psychotherapy clients; applied evidence-based treatments with a focus on theoretical integration and transdiagnostic principles of change, including cognitive behavioral analysis system of psychotherapy, dialectical behavior therapy, Unified Protocol, acceptance and commitment therapy, and alliance-focused therapy; co-developed and led novel psychotherapy group focused on fostering skills for healthy relationships; attended weekly individual supervision; attended didactic presentations.

Single-Session Consultation Program, Therapist 2020 – 2022
 Lab for Scalable Mental Health, Stony Brook University, Stony Brook, NY
 Supervisors: Jessica Schleider, Ph.D., Michael Mullarkey, Ph.D.

- Responsibilities: Completed single-session consultation sessions with clients recently added to an outpatient clinic waitlist as part of a research study; created action plans with clients during 1-hour sessions via telehealth using solution-focused brief therapy techniques to jump-start change in an area most important to them.

Child and Adolescent Clinic, Therapist 2019 – 2021
 Krasner Psychological Center, Stony Brook, NY
 Supervisors: Jessica Schleider, Ph.D., K. Daniel O’Leary, Ph.D.

- Responsibilities: Maintained caseload of 2 child/adolescent outpatient psychotherapy clients; administered evidence-based treatments for internalizing and behavioral issues, including cognitive-behavior therapy, trauma-focused cognitive behavior therapy, Unified Protocol for children and adolescents, FIRST treatment program for behavioral and emotional problems, and parent management training; attended weekly group supervision.

Internalizing Disorders Clinic, Therapist 2019 – 2021
 Krasner Psychological Center, Stony Brook, NY
 Supervisors: Joanne Davila, Ph.D., Marv Goldfried, Ph.D., Dina Vivian, Ph.D.

- Responsibilities: Maintained caseload of 2-3 adult outpatient psychotherapy clients; administered evidence-based treatments for anxiety and depressive disorders, including exposure and response prevention, cognitive-behavior therapy, Unified Protocol, habit reversal training, stress management, emotion-focused therapy, and acceptance and commitment therapy; ran a Unified Protocol skills group; attended weekly group supervision.

Yale LGBTQ Mental Health Initiative, HIV/STI Testing Counselor 2016 – 2018
 Yale University, New Haven, CT
 Supervisor: John E. Pachankis, Ph.D.

- Responsibilities: Completed HIV/STI testing and counseling with gay and bisexual men in a randomized controlled trial; provided psychoeducation about HIV/STI transmission; applied principles of motivational interviewing to explore costs/benefits of sexual risk behavior change; provided information about sexual risk reduction practices, including pre-exposure prophylaxis.

Domestic Violence Hotline Program, Counselor 2016 – 2017

Anti-Violence Project, New York, NY

Supervisor: Robert Lopez

- Responsibilities: Provided hotline support (one overnight/month) for social workers helping LGBTQ survivors of hate violence and domestic violence; offered callers empathy, safety planning, brainstorming, and connection with services when appropriate; trained 40 hours in crisis counseling techniques for LGBTQ survivors of domestic violence, hate violence, and HIV-related violence; certified as Rape Crisis Counselor in New York State.

Youthful Offenders Program, Counselor

2015 – 2016

Centre Helps, State College, PA

Supervisor: Lauren Parker, M.Ed.

- Responsibilities: Taught 10 intensive 18-hour court-mandated alcohol and drug education courses for minors (under 21) convicted of underage drinking and/or drug use; engaged students in informed decision-making regarding drugs and alcohol using motivational interviewing, psychoeducational, and supportive counseling techniques; conducted and facilitated pre- and post-interviews designed to gauge student substance use behaviors to help bring awareness to their current behaviors; provided feedback to students on alcohol and substance use from standardized assessments.

Starting Point Social Work Program, Summer Intern

2014

Access Services Inc., Fort Washington, PA

Supervisor: Rebecca Graner

- Responsibilities: Shadowed social workers (16 hours weekly for 2 months) in day-to-day interactions providing services for adults with chronic mental illness, including 1 week with an Adult Mobile Crisis Unit; met with clients to provide emotional support, to assist with problem-solving, and to facilitate goal execution.

Community Home Program, Psychiatric Support Professional

2013 – 2015

Strawberry Fields Inc., State College, PA

Supervisor: Sasha Juba, Matt Reynolds

- Responsibilities: Worked 15-25 hours weekly to provide daily living support to 5 clients with moderate to severe comorbid intellectual disabilities and mental health diagnoses; fostered and encouraged independent activities of daily living in accord with a behaviorally-based individual support plan for each client.

24/7 Crisis Hotline Program, Counselor

2012 – 2016

Centre Helps, State College, PA

Supervisor: Gayle Beese, M.Ed.

- Responsibilities: Volunteered 950 hours assisting hotline clients; provided emotional support, brainstorming, and/or community agency referrals to clients who called the hotline for support; trained 180 hours in short-term and crisis counseling techniques, suicide/homicide assessment, abuse and violence, grief and loss, LGBTQ needs, drug and alcohol information and referrals, and basic needs assessment and referrals; created policies for agency procedures, hotline training, and regular client protocols; organized

and categorized 500+ community referrals in an online database system; supervised 4 interns in contacting and updating local community referrals.

CLINICAL ASSESSMENT EXPERIENCE

Psychoeducational Testing Program, Evaluator 2018 – 2022
Krasner Psychological Center, Stony Brook, NY
Supervisors: Brady D. Nelson, Ph.D., Dina Vivian, Ph.D.

- **Responsibilities:** Administered, interpreted, scored, and wrote four integrative psychological and psychoeducational testing reports; provided feedback to clients; attended weekly group supervision.
- **Interviews and Tests:** *MINI International Psychiatric Interview Seventh Edition, Structured Clinical Interview for DSM-5, Weschler Adult Intelligence Scale Fourth Edition, Woodcock-Johnson IV Tests of Achievement and Oral Language, and Delis-Kaplan Executive Function System.*
- **Self-Report and Behavioral Measures:** *Conner's Continuous Performance Test-II, CNS-Vital Signs, Child Behavior Checklist, Achenbach Adult Self-Report, Inventory of Depression and Anxiety Symptoms Expanded Form II, Beck Depression Inventory Second Edition, Beck Anxiety Inventory, Alcohol Use Disorder Identification Test, Drug Use Disorders Identification Test, CAT-Personality Disorder Scales, Yale-Brown Obsessive Compulsive Scale, Social Responsiveness Scale Second Edition, Barkley Adult ADHD Rating Scales Fourth Edition, Brown Attention-Deficit Disorder Scales for Adults, Conners' Adult ADHD Rating Scales, Barkley Deficits in Executive Functioning Scale, Barkley Functional Impairment Scale, Learning and Study Strategies Inventory Third Edition, PTSD Checklist for DSM-5, Prodromal Questionnaire Brief.*

Yale LGBTQ Mental Health Initiative, Clinical Interviewer 2016 – 2018
Yale University, New Haven, CT
Supervisor: John E. Pachankis, Ph.D.

- **Responsibilities:** Completed clinical interviews as part of a NIMH-funded randomized controlled trial evaluating LGBTQ-affirmative cognitive-behavior therapy for gay and bisexual men; served as primary blinded independent clinical interviewer for the New York City arm of the trial; trained to achieve interrater reliability with senior clinical psychologists; trained other team members in interview and assessment procedures; attended weekly supervision and reliability meetings.
- **Interviews:** *MINI International Neuropsychiatric Interview Seventh Edition, Hamilton Depression Rating Scale, Timeline Follow-Back Interview for Sexual Risk Behavior.*

RESEARCH EXPERIENCE

Relationship Development Center, Graduate Student Researcher 2018 – present
Stony Brook University, Stony Brook, NY
Supervisor: Joanne Davila, Ph.D.

- **Responsibilities:** Co-created a relationship education workshop for LGBTQ+ individuals; co-developed a group intervention to teach romantic relationship skills to young adults;

designed and conducted two large online survey studies focused on diverse relationships; trained and supervised undergraduate and master's-level research assistants.

Relationship and Forensic Assessment Clinic, Graduate Student Researcher 2018 – present
Stony Brook University, Stony Brook, NY
Supervisor: K. Daniel O'Leary, Ph.D.

- Responsibilities: Conducted qualitative study of expert opinions on treating couples who have experienced intimate partner violence; co-developed an open pilot trial for a sequenced individual- and couples-based treatment targeting low-level intimate partner violence; designed and conducted an online couple study and supervised observational coding of video-recorded behavioral interactions; managed data for longitudinal intervention study focused on bystander behavior; mentored undergraduate and master's-level research assistants.

Yale LGBTQ Mental Health Initiative, Senior Research Assistant 2016 – 2018
Yale University, New Haven, CT
Supervisor: John E. Pachankis, Ph.D.

- Responsibilities: Implemented multiple, multi-site control trials (R01MH109413-02S1; R21MH113860-01) testing and validating mental health interventions for sexual minority individuals; ran data analyses with HLM, R, and SPSS; assisted with grant and manuscript writing; conducted/supervised assessments, including phone screening, scheduling, retention, clinical interviewing, and behavioral experiments; setup, programmed, managed, and supervised data collection across multiple study sites, including clinical interviews, behavioral experiments, and self-report measures; trained undergraduate and graduate research assistants and study therapists.

Psychotherapy Process Research Lab, Research Assistant, Lab Manager 2014 – 2016
The Pennsylvania State University, University Park, PA
Supervisor: Louis G. Castonguay, Ph.D.

- Responsibilities: Assisted with various study activities related to psychotherapy process and outcome; managed and maintained robust longitudinal dataset of a nonclinical student sample; tested independent research questions with existing datasets and presented results; organized lab functions and trained new research assistants in study management; assisted with data analysis and manuscript writing and preparation; coded therapy session manuscripts for therapeutic techniques; worked with multiple statistical packages including R and SPSS.

Relationships and Stress Research Lab, Research Assistant, Lab Manager 2013 – 2016
The Pennsylvania State University, University Park, PA
Supervisor: Amy D. Marshall, Ph.D.

- Responsibilities: Ran study protocols related to posttraumatic stress disorder and aggression within the context of romantic and familial relationships; performed literature searches, analyzed articles, coded and managed study data in SPSS; created and implemented a novel observational coding system for videotaped discussions among couples for independent honors thesis; conducted data analysis and assisted with manuscript and grant preparation; trained new research assistants on lab protocols and

organized day-to-day lab functions such as scheduling, updating materials, and website maintenance; phone screened participants for possible posttraumatic stress disorder.

TEACHING EXPERIENCE

Primary Instructor 2019 – 2021

Stony Brook University, Stony Brook, NY

- Statistical Methods in Psychology (Summer 2021)
- Research Methods in Psychology Recitation (Fall 2019)

Course Design 2019 – 2021

Stony Brook University, Stony Brook, NY

Human Diversity Issues in Psychology (Spring 2020, Spring 2021)

- Responsibilities: Co-created yearly seminar course for first-year graduate students in the Psychology department focused on topics of diversity, justice, equity, and inclusion; provided direct instruction for the course in Spring 2020 with co-instructors and faculty mentors; collected quantitative and qualitative feedback; implemented changes to curriculum based on student suggestions.

Graduate Teaching Assistant 2018 – 2019

Stony Brook University, Stony Brook, NY

- Psychology of Prejudice (Spring 2019)
- Child Abnormal Psychology (Spring 2019)

Hotline Crisis Counselor Training Instructor 2014 – 2016

Centre Helps, State College, PA

Supervisor: Gayle Beese, M.Ed.

- Responsibilities: Taught 5 semester-long, 180-hour courses focused on training incoming hotline volunteers on emotional support, short-term and crisis counseling techniques, drug and alcohol information and referrals, and basic needs referrals; developed, updated, and maintained curriculum; tracked trainee progress over time by grading regular assignments, gathering and delivering feedback, and promoting areas of growth through individual supervision.

Teaching Intern 2014

Collège Saint François Régis, Montpellier, France

- Responsibilities: Taught 7 English classes (6th through 9th grade) weekly during semester study abroad internship; prepared lesson plans and group activities to increase vocabulary and comprehension.

AURORA Outdoor Orientation Program Leader 2013 – 2016, 2018

The Pennsylvania State University, University Park, PA

- Responsibilities: Instructor for outdoor freshmen orientation class focused on the transition to college; led 9 week-long backpacking trips with groups of 10 students and a co-instructor; facilitated team-building, independence, group cohesion, and leadership

among students.

Outdoor School Instructor

2013

The Pennsylvania State University, University Park, PA

- Responsibilities: Taught week-long, all-day environmental education course for 6th grade students.

SERVICE EXPERIENCE

VA Diversity Committee

2022 – present

Northport VA Medical Center, Northport, NY

- Responsibilities: Attend regular meetings with interns, post-doctoral fellows, and staff psychologists to discuss implementation of diversity efforts at the Northport VA Medical Center to improve veteran care; assist with efforts to update educational materials.

Ad Hoc Student Grievance Committee

2021 – 2022

Stony Brook University, Stony Brook, NY

- Responsibilities: Alternative student member for the clinical psychology area grievance committee; listened to graduate student grievance concerns and worked with student-faculty committee members to facilitate appropriate action plans.

Clinical Science Colloquium Series Committee

2020 – 2021

Stony Brook University, Stony Brook, NY

- Responsibilities: Organized and invited speakers to present research to the clinical psychology area as part of a year-long speaker series.

Department Diversity Committee

2019 – 2022

Stony Brook University, Stony Brook, NY

Research and Teaching Sub-Committee

2021 – 2022

- Responsibilities: Worked with committee members to develop more inclusive demographic questionnaire sets for department researchers; drafted guidance on how to thoughtfully code qualitative demographic information (e.g., gender identity, sexual orientation); updated teaching materials for graduate student instructors to incorporate diversity topics into required research methods instruction for undergraduates.

Seminar Sub-Committee

2019 – 2021

- Responsibilities: Iteratively developed curriculum for a seminar focused on increasing attention to diversity-related issues in the field of clinical psychology; worked with several department faculty and graduate students to expand the scope of the seminar to include other department areas; disseminated seminar materials to department members; presented seminar feedback data to faculty and successfully advocated for the course to be required across department areas.

Liberal Arts Alumni Mentor Program

2016 – 2021

The Pennsylvania State University, University Park, PA

- Responsibilities: Mentored current psychology undergraduate students in the College of the Liberal Arts on professional development (e.g., graduate school, career options, course planning, etc.).

ADDITIONAL SKILLS AND TRAININGS

Supplemental Clinical Training

Evidence-Based Psychodynamic Psychotherapy, Northport VA Medical Center, July 2022

- 8-hour training by Melody Millando-Wirtenson, Ph.D., and Stephen Long, Ph.D.

Motivational Interviewing, December 2021-January 2022

- 4-hour training by Jenna Palladino, Psy.D., MINT Trainer

Integrative Behavioral Couple Therapy, December 2021

- 4-hour webinar via American Association for Marriage and Family Therapy taught by Andrew Christensen, Ph.D.

Fundamentals of Supervision, Fall 2021

- 10-week course taught by Dina Vivian, Ph.D.

DBT In-Depth Training, Mind-Body Clinical Research Center, August 2021

- 12-hour training by Brittain Mahaffey, Ph.D., DBT-LBC

Cognitive Behavioral Analysis System of Psychotherapy, August 2021

- 8-hour training by Dina Vivian, Ph.D.

Therapist Throwdown, www.sentioinstitute.org, August 2021

- International competition in Deliberate Practice organized by Alexandre Vaz, Ph.D., and Tony Rousmaniere, Psy.D.; awarded Honorable Mention

Trauma-Focused Cognitive-Behavioral Therapy, August 2021

- 11-hour online training by Medical University of South Carolina

Hamilton Depression Rating Scale, ESTEEM Research Lab, October 2017

- 2-hour training taught by Steven Safren, Ph.D., ABPP

LGBQ-Affirmative Cognitive-Behavioral Therapy, ESTEEM Research Lab, August 2016

- 16-hour training taught by John Pachankis, Ph.D.

HIV Testing and Counseling, AIDS Institute Regional Training Center, May 2016

- 8-hour training taught by the New York City Department of Health

Supplemental Statistics Training

Bayesian Data Analysis (“Statistical Rethinking”), Winter 2022

- 10-week online course taught by Richard McElreath, Ph.D.

Structural Equation Modeling, ESTEEM Research Lab, July 2017

- 12-hour workshop taught by Jonathon Rendina, Ph.D.

Growth Curve Modeling, June 2017

- 8-hour workshop at the Epidemiology and Population Health Summer Institute at Columbia University taught by Michael Bader, Ph.D.

Multilevel Modeling: NASPR Science to Practice Workshop, October 2015

- 8-hour workshop taught by Holly Laws, Ph.D.

Hierarchical Linear Modeling I, University of Massachusetts, Amherst, June 2015

- 40-hour ICPSR course taught by Aline Sayer, Ph.D.

Supplemental Teaching Training

Online Teaching Certificate, March 2021

- 5-week course by the Center for Excellence in Learning and Teaching at Stony Brook University

Statistical, Survey, and Programming Software Competency

R, MPlus, HLM, SPSS, Minitab, Survey Crafter, OpenSesame, Inquisit, Qualtrics, Microsoft Office (including Access)

Languages

Fluency in English and French

PROFESSIONAL MEMBERSHIPS

Association for Behavioral and Cognitive Therapies
Association for Psychological Science
Anxiety and Depression Association of America
Society for a Science of Clinical Psychology

PROFESSIONAL REFERENCES

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